

mary's
meals

a simple solution
to world hunger

PRAY
IN MAY



Today, more than three million hungry children will eat Mary's Meals at school. Our work is named after Mary, Mother of God, who we honour in a special way during the month of May. Join us this month to pray for the children who eat Mary's Meals around the world.

Introduce Mary's Meals

Before praying together, you can take time to introduce the children to the work of Mary's Meals.

- Email us for a presentation to introduce the Mary's Meals story
- Explore the website - marysmeals.ca
- Request a speaker to come to your school

Prayers for children



Families

Blessed Mary, both you and Joseph watched over and cared for Jesus as he grew up. We ask your prayers for all the families in the world living in conflict, especially those in Haiti – that the Lord would bless them and that they would live in unity, happiness and love. Amen.



End world hunger

Mother Mary, you said yes to becoming Jesus' mother, not knowing what was ahead. Let us pray that people around the world will say yes to the call of the Holy Spirit to work together to end world hunger. Amen.



Peace

Heavenly Father, I ask for peace in my heart. Please also bring peace to all those suffering during conflict and war, especially the children Mary's Meals feeds in Yemen, Haiti and South Sudan. Lord, grant us peace, teach us peace, and guide our steps in the way of peace. Amen.



Generosity

Loving Father, in this world of plenty help us to be generous with what we have and to share with those who lack even the most basic things. We ask you to bless every little act of love that will help Mary's Meals reach the next hungry child. Amen.



Hope

Father God, we know that school and food bring hope. Please bless the work of Mary's Meals as they aim to bring these gifts to even more children who are hungry and in need of hope. Amen.



First Communion

As we prepare to receive Jesus in Holy Communion, we pray that we would become more and more like Jesus in our love for others. Pour out your Holy Spirit, Lord, and inspire us to be generous to help other children if they are hungry or need help. Amen.

Activities for your class

1. Choose a country [where we work](#) and talk about the country with your class. Pray with the children a Hail Mary or decade of the Rosary for all of the children in the chosen country.
2. Invite your class to write out their own prayers for the children who eat Mary's Meals. They could use the themes for our prayers to help them or think about their own hopes for children around the world.
3. Talk about the month of May being a special time to pray to Our Lady. Encourage everyone to think about the children around the world who eat Mary's Meals when they say a Hail Mary at home, at church or in school. You could place a photo of some children enjoying Mary's Meals in your classroom prayer corner to help you remember.

To find out more about Mary's Meals, please visit www.marysmeals.ca

Email: Jenna.Fulton@marysmeals.org Call: 1-855-702-0330

Mary's Meals serves school meals to children around the world to help them come to school and have the food they need to learn and play.

This month I pray for:

Amen