

Week 4: Children are...

Reflect: "...the great moment in all divine revelation, when beautiful ideas drop in from head to heart... When it's not something that we merely believe, but in a real sense something that we know."

(Richard Rohr, The Divine Dance)

This week we focus on the children who enjoy Mary's Meals at school. Each one has their own unique story to tell.

Poverty and hunger prevent 64 million children around the world from gaining an education. Sometimes, when we read a number this vast, the individual child can get lost in the enormity of the problem.

Making the shift from numbers to people allows us to move from what we know in our heads to what we feel in our hearts.

This change starts with stepping away from numbers and statistics, just for a moment, and making eye contact with people in need.

Remember that each child that we are called to help is an individual with a name, family, friends and dreams.

Act: Each day this week, read the [story of a child](#) who enjoys Mary's Meals at school. As you read through each story, take time to think about the deeper moments in that child's life.

How would it feel like to walk in their footsteps, to sleep under their roof, to face the same daily hardships?

How does each child's story differ? What things do they have in common? How will you take this information and let it drop from your head to your heart?

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