

## Week 4: Children are...

**Reflect:** *But now, this is what the Lord says – he who created you, Jacob, he who formed you Israel; Do not fear, for I have redeemed you; I have summoned you by name; you are mine.*

*(Isaiah 43:1)*

This week we focus on the children who enjoy Mary's Meals at school. Each one has their own unique story to tell.

Poverty and hunger prevent 64 million children around the world from gaining an education. Sometimes, when we see a number this vast, the individual child can get lost in the enormity of the problem.

Making the shift from numbers to people allows us to move from what we know in our heads to what we feel in our hearts.

This change starts with resting on the realization that our heavenly Father knows each one of us by name. No one is too small, too far away, too isolated or too hidden for his love to cover.

Together, let's pray for some of the individual children reached by Mary's Meals – each one with their own names, families, friends, and dreams.

**Act:** Each day this week read the [story of a child](#) who enjoys Mary's Meals at school. As you read each story, take time to think about the deeper moments in that child's life.

How would it feel to walk in their footsteps, to sleep under the same roof, to face the same daily hardships?

How does each child's story differ? What things do they have in common?

How will you take this information and let it drop from your head to your heart?

**Share:** Tell friends and family about the stories that moved and inspired you most and join us on [Facebook](#) to share your experiences by completing the sentence: "Children are..."