



mary's  
meals

a simple solution  
to world hunger

# Mary's Meals International

Q1 Quarterly Update to Mary's Meals Canada  
January – December 2023 Project  
India





## Quarterly Update to Mary's Meals Canada: April 2023

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### **1. Company information**

**MARY'S MEALS INTERNATIONAL ORGANISATION (MMI)**  
(Incorporated in Scotland, No. SC488380) Charity No. SC045223

#### **Address of Registered Office**

Craig Lodge, Dalmally, Argyll PA33 1AR  
Tel. 01838 200605

#### **Directors:**

David Clayton (Chair)  
Peter John Higgins  
Jacob Allen  
Dr Christian Stelzer  
Željka Markić  
Dr Cornelius Chipoma  
Michael George

Bishop John Keenan  
Graham Paterson  
Marie Da Silva  
John Darley  
Ana Diez de Riveria-Laffont  
Sebastian Bailey  
Karel Necesal

#### **Officers:**

Magnus MacFarlane-Barrow (Chief Executive Officer)  
Michael Ferguson (Company Secretary)

Mary's Meals International Organisation is the central organisation that co-ordinates, supports and leads the global Mary's Meals movement, under the direction of the Chief Executive Officer and through the work of our global directorates.

**BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT (BREAD) Registration reference: 435/3055**

#### **Address of Registered Office**

Board for Research Education and Development (BREAD), A – 262, Sector 19, Noida - 201301,  
Gautam Buddha Nagar, Uttar Pradesh, India

#### **Trustees**

Fr. Joson John Tharakan  
Rock Toppo  
Mary Cherian  
George Oparatas  
Akhilesh Antony

Board for Research Education and Development (BREAD) is the organisation that implements the Mary's Meals school feeding program in India.





## 2. Introduction

To: Mary's Meals Canada Board of Directors

Date: 28 April 2023

Project: The charitable and educational purpose of this project is to provide one daily meal in a place of education for children in India.

Overview: Mary's Meals Canada and Mary's Meals International Organisation (MMI) entered into a contract on 14 February 2023 under which MMI is to support Mary's Meals Canada's school feeding program in India. The number of children to be fed is based on the funds received which will be recorded as restricted funds for the work of Mary's Meals Canada in India. The grant recipient will be Mary's Meals International Organisation (MMI), who will deliver the project on behalf of Mary's Meals Canada directly through Board for Research Education and Development (BREAD).

Total grant: The total value of the grant proposal is CAD 260,021.91 and will be applied as follows.

<b>Breakdown of restricted funds</b>			
	<b>Cost Per Child</b>	<b>Number of children*</b>	<b>Restricted Funds</b>
School feeding program India	CAD 31.70	8,202	CAD 260,021.91
		<b>TOTAL</b>	CAD 260,021.91

*\*Please note number of children is based on global cost per child and is indicative only.*

## 3. Quarterly Update

This is the first quarterly report to the Mary's Meals Canada Board of Directors for April 2023 as required under the Project Designation dated 14 February 2023, under which Mary's Meals Canada instructed Mary's Meals International to provide one meal on each school day in informal education centers in Jharkhand state, India.

MMI gratefully acknowledges receipt of the first instalment of the grant payment on the 28<sup>th</sup> April 2023 to the value of 33,054.02 CAD. In the period since the project began, we have utilized the grant instalments, successfully providing the services detailed in the Project Designation and providing school meals to children on behalf of Mary's Meals Canada in Jharkhand state, India.

### [An update on your project in India](#)

So far this year, Mary's Meals Canada's project in Jharkhand, India has supported thousands of children by ensuring that they receive a daily meal in their place of education. Food insecurity in India continues to be aggravated by high levels of inequality and social exclusion across the country. Malnutrition rates remain exceptionally high, with a quarter of the world's undernourished people living in India. In the last 20 years, per capita income increased significantly and yet, the minimum dietary intake fell. The widening gap between rich and poor intensified during this period and this makes India an extremely important focus in the fight against world hunger.

In India, around 13% of children do not complete primary school feeding education<sup>1</sup> and there are significant gender inequalities in education, with girls receiving less schooling than boys (5.37 years for girls and 7.64 years for boys)<sup>2</sup>. These extremely challenging circumstances, particularly for girls, demonstrate just how vital Mary's Meals Canada's school feeding program is. The impact this project

<sup>1</sup> UNESCO, *India*, 2020. (<http://uis.unesco.org/en/country/in>)

<sup>2</sup> UNESCO, *Mean years of schooling, India*, 2020. (<http://data.uis.unesco.org/>)



is having on children in India, is highlighted through the words of one of our volunteers, Mansi, pictured right. Mansi understands how girls can struggle to gain an education, she told us: ***“I am happy to cook Mary’s Meals for these children as I understand where they come from; once I was also like them. When my family just cared about survival, and we didn’t know the importance of education. Now, when I cook for these children, I feel grateful that I am contributing to their education, nutrition and happiness.”*** Volunteers are motivated to commit their time to supporting BREAD, under the instruction of Mary’s Meals Canada, as they themselves understand what it can be like to not be able to go to school.



The happiness referred to by Mansi, is reflected in the words of 15-year-old Arti, pictured left with her friends. Arti said: ***“Most of the girls in our school were malnourished before Mary’s Meals. There were days at school when me and my friends used to walk home on empty stomachs. It felt tiring and we did not have the energy to do anything.”***



Arti added: ***“I enjoy eating Mary’s Meals. It helps me concentrate in class and gives me energy.”*** Thanks to Mary’s Meals Canada’s program, girls like Arti are able to attend school on a regular basis and gain an education. By ensuring that both boys and girls have equal access to an education, Mary’s Meals Canada is helping support the development of the communities in which this project is delivered and is empowering girls to dream for the future.

### Thank you

As a result of your school feeding program, children in India are receiving nutritious meals in school. This has had a significant impact on the lives of these vulnerable children; helping them during a particularly challenging time through the promise of a daily meal.

On behalf of the children supported in your program in Jharkhand, India, thank you.

