

### What we do

Mary's Meals sets up school feeding programs in some of the world's poorest communities where poverty and hunger prevent children from gaining an education.

It's a simple idea that works. In partnership with local communities, we provide daily meals for hungry children in a place of education, bringing them into the classroom where they can find a route out of poverty.

Our school feeding programs reach children in 18 countries – Benin, Ecuador, Ethiopia, Haiti, India, Kenya, Liberia, Lebanon, Madagascar, Malawi, Myanmar, Niger, South Sudan, Syria, Thailand, Yemen, Zambia, and Zimbabwe.

With 67 million primary school-age children currently out of school globally and many more attending classes too hungry to learn, our work is only just beginning.



It costs just **\$31.70** to feed a child for a whole school year.

# A fruit of Medjugorje

The work of Mary's Meals grew out of the Marian shrine, Medjugorje, in Bosnia-Herzegovina. In 1992, the MacFarlane-Barrow family launched an appeal to help the people of war-stricken Bosnia-Herzegovina.

Donations of food, clothing, blankets and medicine flooded into Craig Lodge Family House of Prayer – a Catholic retreat centre in Argyll, Scotland, that they had been inspired to open after a family pilgrimage to Medjugorje in 1983, and also the family home.



The family was overwhelmed by the public's generous response, and – after the first batch of aid was delivered to refugee camps near Medjugorje – this one-off act of love developed into a rapidly growing international charitable organization, now known as Mary's Meals.

The lives of those involved in the first Mary's Meals projects had all been changed by pilgrimages to Medjugorje, so they chose to name the organization in honour of Mary, the mother of Jesus. Mary's Meals consists of, respects and reaches out to people of all faiths and none.

## Join the story

'The Story' is a group of monthly givers who are determined to end global hunger, by providing hungry children with life-changing meals in a place of learning. www.marysmeals.ca/thestory

# mary's | Ways to give

### Make a donation

Online (one-time or monthly): marysmeals.ca By phone: **1-855-702-0330** E-transfer: finance.canada@marysmeals.org Monthly giving via direct debit: Contact info@marysmeals.ca

Return this form with a signed cheque payable to "Mary's Meals Canada" or valid credit card information.

Mary's Meals Canada PO Box 76144 Millrise RPO Calgary, AB T2Y 2Z9

Name:		
Address:		
City:		Province:
Postal code:	Phone:	Home 🗌 Cell 🗌
Email:		
Credit card #:		
Expiry:	Amount:	
One time payment 🔲 Monthly gift 🗌		

#### We can't do this without you

We would like to keep you informed about our latest news, fundraising appeals, other ways to get involved, and how your support is bringing hope to hungry children every school day.

I would like to receive updates from Mary's Meals: □ No thank you □ By mail □ By email

I would like to join your Medjugorje mailing list: □ No thank you □ By mail □ By email

## **Our mission**

Our mission is to enable people to offer their money, goods, skills, time, or prayer, and through this involvement, provide the most effective help to those suffering the effects of extreme poverty in the world's poorest communities.

**"If you cannot feed a hundred people, then feed just one."** Saint Teresa of Calcutta

### Be a light for Mary's Meals in your own community!

Pray for our work

Host film evenings

#### Learn more and tell others

Start a fundraising project or have an event Request a talk in your own parish



## **Our vision**

Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

#### Get in touch with Mary's Meals Canada

Email: info@marysmeals.ca | Tel: 1-855-702-0330 Mary's Meals Canada, PO Box 76144, Millrise RPO, Calgary, AB, T2Y 2Z9

Registered Charity: 845360536RR0001



### Visit us in Medjugorje

You'll receive a very warm welcome at our information centre, in the 'blue container' near the Church of St James. Meet our team and join us for **porridge tasting**, **fasting days** or **movie nights**, arrange a testimony for your pilgrimage group or pick up some of our key resources.



Mary's Meals, Pape Ivana Pavla II 29 B, 88266 Medjugorje Email: medjugorje@marysmeals.org





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