



**Gifts of Hope**

# Little Acts of Giving

**You can support our life-changing work today.**

**Every child deserves to receive an education and enough to eat.**

Mary's Meals sets up community-run school feeding projects in some of the world's poorest communities, where poverty and hunger prevent children from gaining an education. Our idea is a simple one that works.

We provide one daily meal in a place of learning to attract chronically poor children into the classroom, where they receive an education that can, in the future, be their ladder out of poverty.

For more information visit **[marysmeals.ca](https://marysmeals.ca)**.

# Logiel's Story, Kenya

Logiel has recently begun learning at Kaite Kapel in Kenya. Three months ago, the 12-year-old was looking after her family's livestock. She wanted to come to school so she could work toward her dream of becoming a doctor. Currently, Logiel is the only one in her family attending school.

Her favourite subject is English, and she likes playing football with her friends. She laughs as she says: "We are better at it than the boys". Life in Turkana is incredibly hard, but Mary's Meals is giving communities hope and providing children with the opportunity to learn and thrive and focus on a better future.



## LIFE CHANGING GIFTS | Practical gifts with maximum impact

Your generosity can change lives in the countries we serve. Our life-changing gifts are a representation of this generosity.

1



**50 Meals |**  
**\$8.00**

2



**100 Meals |**  
**\$16.00**

3

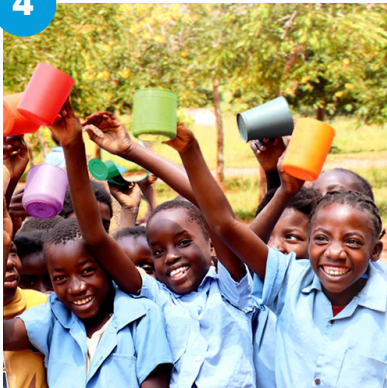


**One Child for a Year |**  
**\$31.70**

## LIFE CHANGING GIFTS | Practical gifts with maximum impact

Whether it's a contribution for mugs or feeding an entire class you will be supporting work that has a long-lasting impact in communities that need it most.

4



**5 Children for a Year |  
\$158.50**

5



**10 Children for a Year |  
\$317**

6



**250 Mugs/Plates |  
\$90**



## LIFE CHANGING GIFTS | Practical gifts with maximum impact

7



**Cooking Pot/Stove |  
\$365**

8



**Adopt a Class (27  
students) | \$856**

## Khushbhoo's Story, India

For girls like Khushbhoo from India, education is the key to unlocking life's opportunities. It also gives her a chance to meet other children and make friends: "School is important because it's a place where children can gather to learn and play together."

Khushbhoo often comes to school hungry, so the meal she receives at lunchtime makes a big difference: "After reading and writing and playing I feel tired and hungry. Mary's Meals gives me strength and extra energy to study. The food provided all through the week is delicious!"

Thanks for feeding Khushboo's hopes for the future: "My role model is my class teacher, Miss Jyoti. I want to acquire more knowledge and would like to become a teacher."



## INSPIRING KEEPSAKES | Unique products that showcase the heart of our movement

9



**Barunka's Angels | \$20/each**

### **BARUNKA'S STORY | Little acts of LOVE are the most important acts of all!**

16-year-old Barunka was diagnosed with a large brain tumour just after she turned two years old. Sadly, she lost her vision following one of the procedures to remove the tumour. As Barunka got older, she developed a love for angels, telling friends and family that she could see them, and she began making beautifully intricate angel figurines from coloured stone. The proceeds from each angel goes to provide meals for children in their place of learning each year. As a special gift for yourself or a loved one, purchasing one of Barunka's angels is a beautiful way to help reach the next hungry child.

**Each handcrafted angel is a little act of love and is completely unique in style and colour. We are unable to fulfil requests for specific designs or colour schemes.**

## INSPIRING KEEPSAKES | Unique products that showcase the heart of our movement

10



### 5 Pack Holiday Cards | \$10/each

You will receive a pack of the design shown

11



### 3 Pack Stickers | \$10/each

You will receive a mixed bundle  
of the designs shown

12



### Love Reaches Everywhere T-shirt | \$30/each

Available in sizes

**S** ☐ **M** ☐ **L** ☐ **XL** ☐ **XXL** ☐

Shirts fit true to size

*Unisex sizing, available in black only*

## SUPPORT OUR PARTNERS

We are proud to work with amazing Canadian owned and operated companies across the country who champion our mission and believe in the essential need for businesses to give back to the greater global community. Support our Partners and a portion of your purchase goes toward feeding a child.

### Grounded People – LACES Program



Offer: Sustainable footwear retailer, Grounded People, have created specially designed laces in our Mary's Meals signature blue! 100% of every purchase of these laces go directly to our feeding programs.

Website: [groundedpeople.ca/  
products/marys-meals-laces](https://groundedpeople.ca/products/marys-meals-laces)

### Q for Quinn



Offer: Organic Sock and Underwear Brand, Q for Quinn, makes basics that are gentle on the skin, our planet, and our communities. Q for Quinn will donate a meal with every pair of socks you purchase.

Website: [qforquinn.com](https://qforquinn.com)

### The Good Kiind



Offer: Maker of leak-resistant, FDA approved, food grade stainless steel lunch boxes, The Good Kiind, will donate school meals with every purchase you make on their website.

Website: [thegoodkiind.com](https://thegoodkiind.com)





## ORDERING | It's as easy as...

- 1 Choose you gifts from the catalogue
- 2 Order online at [marysmeals.ca](https://marysmeals.ca) or fill out and mail in the **2 forms** on the following pages
- 3 Gift the gift of hope to hungry children in the world's poorest communities



## ORDER FORM | Please complete the form below and return to us for your gifts

Please indicate which life-changing gift(s) you have chosen  
(mark appropriate box with the number of gifts required) and return this, along with your payment, to:

**Mary's Meals Canada, PO Box 76144, Millrise RPO, Calgary, AB, T2Y 2Z9**

NO	ITEM	PRICE	QTY	TOTAL
1	50 meals	\$8.00		
2	100 meals	\$16.00		
3	One Child for a Year	\$31.70		
4	Five Children for a Year	\$158.50		
5	Ten Children for a Year	\$317		
6	250 Mugs/Plates	\$90		

NO	ITEM	PRICE	QTY	TOTAL
7	Cooking Pot/Stove	\$365		
8	Adopt a Class	\$856		
9	Barunka's Angels	\$20		
10	Five Pack Holiday Cards	\$10		
11	Three Pack Stickers	\$10		
12	LRE T-shirt	\$30		

Terms & Conditions: All purchases are final. Please allow a minimum of two weeks for order processing and shipping.



**Order online at [marysmeals.ca](https://marysmeals.ca) or fill out and mail the attached form**

I'd like to receive updates from MM via ☐ email ☐ postal mail ☐ no thank you

**Where should we send your gift(s)?**

**To:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Province:** \_\_\_\_\_

**Postal code:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Credit card #:** \_\_\_\_\_

**Expiry:** \_\_\_\_\_

**(optional) Send gift to:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Province:** \_\_\_\_\_

**Postal code:** \_\_\_\_\_

**Your message:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Our **full range of gifts** are also available at [marysmeals.ca](https://marysmeals.ca)



**Mary's Meals Canada, PO Box 76144, Millrise RPO, Calgary, AB, T2Y 2Z9**

Registered charity: 845360536RR0001  
Corporation number: 830423-8



**1-855-702-0330**



**marysmeals.ca**



**info@marysmeals.ca**

**find us on**

