

Join the story

'The Story' is a group of monthly givers who are determined to end global hunger, by providing hungry children with life-changing meals in a place of learning. www.marysmeals.ca/thestory

mary's
meals

| Ways to give

Make a donation

Online (one-time or monthly): marysmeals.ca

By phone: **1-855-702-0330**

E-transfer: finance.canada@marysmeals.org

Monthly giving via direct debit: Contact info@marysmeals.ca

Return this form with a signed cheque payable to "Mary's Meals Canada" or valid credit card information.

Mary's Meals Canada PO Box 76144 Millrise RPO Calgary, AB T2Y 2Z9

Name:

Address:

City:

Province:

Postal code:

Phone:

Home ☐ Cell ☐

Email:

Credit card #:

Expiry:

Amount:

One time payment ☐ Monthly gift ☐

We can't do this without you

We would like to keep you informed about our latest news, fundraising appeals, other ways to get involved, and how your support is bringing hope to hungry children every school day.

I would like to receive updates from Mary's Meals:

☐ No thank you ☐ By mail ☐ By email

You can donate to Mary's Meals with a gift of securities or leave a legacy bequeathal in your will. For more information, please call us at **1-855-702-0330** or **contact us online**.



Food changes the story.



"I thank God for giving us this work to do for His little ones ... and I pray that He might move many more people to take part in this mission so that all those hungry children might soon be fed."

Magnus MacFarlane-Barrow
Founder of Mary's Meals

It costs just \$31.70 to feed a child for a whole school year.

Mary's Meals is named after Mary, Mother of Jesus.
We consist of and reach out to people of **all faiths, and none**.





A Mary's Meals prayer

Our Father
give us this day our daily bread
and forgive us for the times when
we take more than our share of the
bread that belongs to all.
Let us help You fill the starving
with good things,
not with scraps from our table.
Teach us how to share what is
not ours to keep.
Clothe us with Your love
that we may complete each good
work You created us to do.
Place in our hearts Your compassion
for each starving child.
And use our little acts of love so that
they starve no more. Amen.

By providing a daily meal in a place of education, Mary's Meals brings chronically hungry children to the classroom where they can gain a basic education that offers an escape route from poverty.

More than **2.4 million** children receive Mary's Meals every school day, across four continents. However, with over **67 million** primary school-age children missing school because of poverty and many more too hungry to learn, our work is just beginning.



Engage your church family with exciting opportunities to get involved

Sign up to be a Prayer Ambassador and join together with others across Canada as you pray for the work and mission of Mary's Meals

To sign up please email prayercanada@marysmeals.org

And if you offer yourself
to the hungry
And satisfy the need of
the afflicted,
Then your light will rise
in darkness,
And your gloom will
become like midday

Isaiah 58:10



Host a speaker or request resources to share the story and impact of Mary's Meals.



Start a book club. Request a free copy of **'The Shed That Fed A Million Children'** by our founder, Magnus MacFarlane-Barrow, on our website.



Engage youth with our resources, **Little Acts, Big Difference** or **The Changemakers Journey**. View on our website.



Host a Movie Night. Watch our documentary **'Love Reaches Everywhere'** on our YouTube channel.



Start a grassroots fundraiser in your community, school or church. View on our website.



Become an Ambassador. Learn more about volunteering with us on our website.

Visit our website marysmeals.ca or contact us to learn more about any of these opportunities