

Child 31 tells the powerful stories of some of the children served by Mary's Meals, including Lette, an 11-year-old Malawian girl struggling to survive following the death of her parents.

Lette's story was filmed nine years later and catches up with Lette and her family to discover the long-term impact daily school meals has had for them.



These questions are intended to invite useful discussion after viewing these thought-provoking films:

Child 31

- What were your thoughts as you were watching Child 31?
- Lette says that she usually goes to school with nothing to eat – how do you feel during the morning at school if you don't have breakfast or something at break? Can you imagine this happening every day?
- At 11 years old, Lette was an orphan and had to care for her little brother without any help. How did that affect you? Would the same happen in this country?
- Were you shocked at the number of children who die every day just from not having enough to eat?
- Which moment of Child 31 was the most powerful to you? Why?
- How do these films make you feel about the opportunities you have been given compared to Lette's?
- Consider the thoughtfulness of Charlie Doherty giving up birthday presents since age seven. At such a young age, how did his generosity affect children like Lette through Mary's Meals?

Lette's story

- How has Lette's life improved thanks to the daily meals she was served in school? How will these changes affect her son, now that Lette is a mom?
- Lette's older brother says that her life has changed – in what ways can you see it has changed?
- Why is it important that we do what we can to help people like Lette?
- What reasons does the founder of the Jacaranda School for Orphans, Marie da Silva, give for why the children stay in school?
- Lette became a mom at a very young age - what are her hopes for her son Phillip?
- Why does Anderson, Lette's 10-year-old brother, say school is important?
- Did you realize before watching this film that daily meals served in school could make such a lasting impact on a hungry child and affect their ability to learn so dramatically?

Combined questions

- From what you have seen in these short films, why do you think it is so important for Mary's Meals to involve whole communities in the school feeding program?
- Given that it costs just \$31.70 (CDN) to feed a child for an entire school year (just 16 cents a day), what could you do to help children like Lette?

