

Food changes the story

Mary's Meals provides life-changing meals to hungry children every school day.



Mary's Meals is a global movement of people from all walks of life, united by the belief that no child should endure a day without a meal. We set up school feeding programs in some of the world's poorest communities, where poverty and hunger prevent children from gaining an education.

Today, **67 million children miss school because of poverty** – working in fields, begging on street corners, or scavenging among the garbage just to survive. Millions more attend school so hungry that they are not able to concentrate and learn.

Our Vision is that every child receives one good meal every day in a place of education and that all those who have more than they need, share with those who lack even the most basic things.

Working together with individuals, groups and businesses who share our ideals, we believe this vision can be achieved in a world where there is enough food for everyone.

Every school day, we feed 2,429,182 hungry children across 18 countries. Where children receive Mary's Meals, we see a rise in enrolment, attendance, and academic performance.

It costs just \$31.70 to feed one child for an entire school year.

We're committed to keeping our operating costs low, and we are humbled and heartened by the support we receive from all over the world.

Ours is not a movement that divides rich from poor, or giver from receiver. Every contribution is equally valued, from donations to buy the food to the time and energy given to cook and serve the meals. Nearly every part of our work depends on volunteers, both here and overseas.

Together, we are working to transform the lives of children in desperate need.

We firmly believe that the children receiving Mary's Meals today can one day grow up, well-nourished and well-educated, to become the men and women who will lift their communities out of poverty and end their reliance on aid. Help us reach more children who are waiting for Mary's Meals today!

Would you partner with us in this life-changing work and join our mission to end child hunger? If you would like to find out more or discuss creative, customized, ways your organization and teams can play a vital part in this mission, **please contact us at: info@marysmeals.ca / 1-855-702-0330 or directly through the individual who has shared this information with you.**

Thank you for your time and consideration, we are looking forward to continuing the conversation.



A SIMPLE SOLUTION
TO WORLD HUNGER



We are feeding **2,429,182** children every school day



Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

Mary's Meals is owned by local communities.

We provide food, training and equipment so that thousands of volunteers can cook and serve school meals.



“I don't feel hungry when I'm in class and I have eaten. Porridge helps me to be healthy. It has the nutrients I need so I have energy to work well.”

**Samson,
Malawi**



Mary's Meals feeds hungry children in **18 countries**.
Mary's Meals Canada's fundraising specifically supports children in **India, Kenya, Malawi and Zambia**.

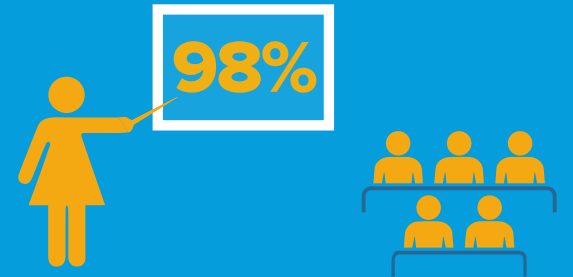


This work is possible thanks to support from **affiliate organizations in 21 countries** and many thousands of volunteers worldwide.

It costs just



to feed a child with Mary's Meals for a whole school year.



of school principals reported an **increase in attendance** since the introduction of the feeding program at their school.



50.7% : 49.3%
ratio of **girls** to **boys** receiving Mary's Meals.



The cost per meal is **16 cents***